

MAIN MENU



BREAKFAST MENU

All full breakfasts include:

A tea, coffee or freshly squeezed orange juice

FULL BREAKFAST	£7.95	GRANOLA & YOGURT	£3.95
2 bacon rashers, 2 sausages, mushrooms, grilled tomato, black pudding, hash brown, beans, toast, with choice of fried, poached or scrambled egg		Strawberries & toasted sunflower seeds	
FULL VEGETARIAN 	£7.50	CROISSANT	£2.25
2 Quorn sausages, mushrooms, hash brown, baked beans, grilled tomato		PANNA CHOCOLATE	£2.25
FULL VEGAN 	£8.50	TOAST	£1.75
Quorn sausage, scrambled tofu, hash brown, mushroom, grilled tomato, toast		TOAST & COFFEE, TEA OR ORANGE JUICE	£2.95
AVOCADO TOAST WITH EGG	£6.95	With butter, marmalade, jam or honey	
Poached egg, avocado, cherry tomatoes, mixed seeds, rocket, chilli, olive oil		CHURROS WITH CHOCOLATE OR SIMPLY DUSTED IN SUGAR	£1.95
SCRAMBLED EGG ON TOAST 	£5.75	SANDWICHES/TOASTIES	
		SAUSAGE	£3.75
POACHED EGG ON TOAST 	£5.75	BACON	£3.75
		QUORN SAUSAGE	£3.75
THREE EGG OMELETTE	£5.75	95p per extra filling: bacon, sausage or egg	
Choice of fillings: pepper, bacon, cheese, onion, ham More than three fillings extra £1.50			
BEANS ON TOAST	£5.75		

STARTERS OR LIGHT BITES

HOMEMADE SOUP OF THE DAY	£4.95	CRISPY POTATO SKINS	£4.95
Crusty bread		Cheese, spring onions, bacon, ali oli dipping sauce	
HUEVOS ROTOS & SERRANO HAM	£6.95	CHILLI NACHOS	£6.25
Eggs, potato, onion, garlic, olive oil, paprika, chilli, topped with serrano ham		Tomato salsa, chilli con carne, jalapenos, melted cheese	
CHEESE & BACON STUFFED MUSHROOMS	£3.95	SMORED SALMON & SCRAMBLED EGGS	£6.75
Garlic dipping sauce		THREE CHEESE AND CARAMELIZED ONION BROCCOLI QUICHE	£6.50
CLASSIC PRAWNS PIL PIL	£7.50	Mixed salad	
Olive oil, garlic, chilli, tomato, crusty garlic bread			



VEGETARIAN



VEGAN



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Takeaway option available.

SALAD BOWLS



GRILLED CHICKEN CAESAR SALAD Baby gems lettuce, croutons, parmesan, Caesar dressing	£9.90
TRADITIONAL GREEK SALAD  Feta cheese, tomatoes, cucumber, red onion, red pepper, olives, oregano dressing	£8.75
SPICY ARABIAN STYLE CHICKEN SALAD Couscous, salad leaves, tomato, cucumber, dates, onion, mint, yogurt, & harissa dressing	£9.25
ROASTED BUTTERNUT SQUASH & CHEDDAR SALAD  Baby spinach, rocket, sage leaves, olive oil Vegan option replace cheddar with tofu	£9.25
CAPRESE SALAD PLATE Tomato, mozzarella, basil, olive oil	£7.25

PIZZA

CLASSIC MARGARITA  Tomato, basil, & mozzarella	£9.90
MEAT FEAST Pepperoni, bacon, serrano ham, rocket, tomatoes, mozzarella, & parmesan	£11.00
THE VEGGIE  Courgettes, cherry tomatoes, roasted red onion, artichokes, tomato, & mozzarella	£10.50
VEGAN PIZZA  Tomato, onion, mushroom, pepper, courgetti	£11.00
GRILLED SPICY CHICKEN Onion, mushroom, sweetcorn	£11.00

BURGERS

All served with chips

ANGUS BEEF CHEESEBURGER Sautéed onions, mushrooms, sweet peppers, BBQ sauce, & bacon bits Add: bacon, egg, 95p per item	£11.50
QUINOA & FETA BURGER  Sun dried tomatoes, mixed salad	£11.50
MOROCCAN SPICY CHICKEN BURGER Harissa sauce, Tahini, mint & yogurt	£10.75
VEGAN BURGER AND BUN  Lettuce, tomato, sautéed onions	£10.00

WRAPS

NORTH AFRICAN SPICED CHICKEN WRAP (N) Fruit, & nut couscous, chicken, mint, cucumber, red onion, yogurt, & mint	£5.90
OUR TUNA MELT WRAP Cheese, garlic mayo, tomato, red onion, & lettuce	£5.90
GRILLED CHICKEN CAESAR WRAP Crispy bacon, gem lettuce, parmesan, Caesar dressing, & croutons	£6.00
HUMMUS WRAP  Cucumber, baby spinach leaves, tomato, avocado	£5.90

PASTA DISHES & MAINS

TRADITIONAL BRITISH FISH & CHIPS Mushy peas, tartar sauce, lemon	£11.50	CHICKEN CURRY WITH RICE Coriander, naan bread, cucumber raita	£9.25
CLASSIC BEEF LASAGNE Chips, salad	£9.50	MOROCCAN SHRIMP & TOMATO TAGINE Yogurt raita, couscous, lemon, Arabic flatbread	£12.25
CHILLI CON CARNE White rice, jalapeños, sour cream	£8.95	MUSHROOM & GARLIC TAGLIATELLE  White wine, cream, parmesan <i>Gluten free pasta available</i>	£12.25
COTTAGE PIE Topped with mash potato, with seasonal vegetables	£9.75	GRILLED MEDITERRANEAN VEGETABLE LASAGNE (GF)  Tomato sauce, mixed salad, vegan cheese	£10.50
SPAGHETTI BOLOGNAISE Italian meat ragu, parmesan, rocket	£9.75	VEGAN MEAT BALLS  Tomato sauce, pasta	£10.50
BEEF AND GUINNESS PIE Garden peas, chips	£10.50		
BAKED FILLET OF SALMON Roasted Mediterranean vegetables or salad	£11.95		

ROLLS/SANDWICHES/TOASTIES

All served on a choice of white sliced, gluten free or rye bread

GRILLED CHICKEN HAM & CHEESE	£4.00
TOMATO, CHEESE AND ONION 	£3.50
TUNA MAYONNAISE	£3.90
BACON	£3.75
SAUSAGE	£3.75
KALE & SPINACH WITH POACHED EGGS  Olive oil, chilli, feta, seeds	£4.95
ORGANIC BABY CARROT & ORANGE HUMMUS  Roasted plum tomatoes, harissa yogurt	£4.95
SPICED AVOCADO & BLACK BEANS  Sour cream, crumbled cheddar cheese	£5.95
SUMAC & FETA OMLETTE  Leeks, olive oil	£4.50

JACKET POTATOES

BAKED BEANS & CHEDDAR	£5.95
TUNA MAYO	£6.00
GRILLED CHICKEN	£6.00
BOLOGNESE	£6.00
CHICKEN CURRY	£6.00
ROASTED VEGETABLE & MOZZARELLA	£5.95

SIDES

CHIPS	£3.00
CHEESY CHIPS	£3.50
MASH POTATO	£3.00
NEW BABY POTATOES	£3.00
CRISPY POTATO SKINS	£3.00
COUSCOUS & MINT	£2.75
SEASONAL VEGETABLES	£2.95
STEAMED RICE	£2.75
SMALL MIXED SALAD	£4.25
GARLIC BREAD	£3.00
CHEESY GARLIC BREAD	£3.50



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PUDDINGS

DARK CHOCOLATE BROWNIE Chocolate & vanilla sauce	£4.95
WARM APPLE PIE With creamy custard	£4.95
VANILLA & COCONUT RICE PUDDING (GF)  (hot or cold)	£4.75
CORNISH ICE CREAM DRIZZLED (GF) with a hot Espresso	£5.85
CARROT CAKE with vanilla ice cream	£5.50
SORBET  2 scoops	£3.95
CHEESECAKE OF THE DAY	£5.50
BANOFEE PIE With vanilla ice cream	£5.50
KELLY'S ICE CREAM 1 scoop	£2.10
2 scoops	£3.95
3 scoops	£5.80
CORNISH ICE CREAM DRIZZLED	£5.25

CAKE DEAL

Available from 3pm until 5pm

CAKE & TEA OR COFFEE **£5.50**

TAPAS

BUY 3 PAY FOR 2*

AVAILABLE FROM 4PM

MINI BEEF BURGER WITH MELTED CHEESE, BACON, RED PEPPERS, PICKLE	£3.50
MANCHEGO CHEESE, FRUIT PICKLE	£3.75
GRILLED MINI CHICKEN BURGER WITH CRISPY BACON BITS, SHREDDED LETTUCE, CAESAR SAUCE	£3.50
CRISPY HERB COATED COD WITH A LEMON, TARTAR SAUCE	£4.00
CHEESE QUICHE	£3.50

SUNDAY ROAST

Chicken, beef or lamb, roast potatoes, seasonal vegetables

MAIN COURSE	£10.95
TWO COURSE, MAIN AND DESSERT	£14.50

SUNDAY PAELLA

Available from May – September
Includes half pint of draught beer,
glass of house wine or soft drink

£9.95



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